

# Packing Information



**SOUTH AFRICA**

# HOW TO PACK FOR THE PLANE

**WHAT TO WEAR** - You're going to be hanging out in airports and on planes for many many hours. Make sure you wear loose and comfortable clothing. Keep in mind large planes are usually very cool, so you may consider dressing in layers or stuff a light jacket in your carry-on bag.

**WHAT TO EXPECT ON THE MAIN PLANE RIDE** - Your airline carrier usually provides a small pillow and light blanket. Some may choose to bring their own travel size pillow or light blanket. Keep in mind, your blanket must be stored in your carry-on bag. You will also receive a meal approximately 1.5 hours into flight and 1.5 hours prior to landing. WiFi is usually available for purchase. Some carries may provide it for free.

**WHAT ARE YOU ALLOWED TO BRING** - You get one carry-on backpack that goes in the overhead storage area above your head. You can also bring one small personal item that must stored underneath the seat in front of you (where your feet will be).

**PACKING FOR THE PLANE RIDE** - Most people OVERPACK for the plane ride. Bring a few snacks, a phone charger, earbuds/headphones and anything else you think you may truly need during the trip.



# HOW TO PACK YOUR CARRY-ON

**CARRY-ON BACKPACK** - All participants will use a **backpack** for their carry-on (no wheeled/rolling suitcases). When you arrive, you will use that same backpack to carry when serving in the mission field each day.

**HOW TO PACK THE CARRY-ON** - Your carry-on backpack will hold personal items that you may want to have access to while flying. Keep it simple. Bring a few snacks, a phone charger, earbuds, glasses or contact supplies and medicine. Don't overstuff your backpack with unnecessary items that you probably won't use. More than likely, you'll be talking, sleeping and watching movies on the small screen embedded in the seat in front of you. Considering the length of flight time, you may wish to take off your shoes and use a pair of slip ons or sandals to more easily walk around the cabin of the plane.

## PACKING RECOMMENDATIONS

- Slip on shoes/sandals to use during flight
- Important medicines (does not have to be in original packaging or bottles)
- Snacks/gum (place in **ONE** gallon size ziplock bag)
- Bible/journal/pen
- Light Jacket or additional clothes if concerned about getting cold
- Phone charger (there is a USB charger at every seat)
- Spare phone battery packs, if applicable
- 1 extra pair of socks and underwear
- Neck pillow (optional)
- Passport/Spending Money
- Liquids in **1 Quart Sized Bag**

*All liquids placed in your carry-on backpack must be 3.4oz or less, in 1 quart-sized zip-lock bag per person. You can only use 1 quart-sized bag. TSA will require you to pull the bag out at the security counter and run it through the scanner. Liquids or lotions over 3.4oz should be placed in your CHECKED BAG. If you aren't sure, place it in your checked bag.*

**LAUNCH BAG CHECKS** - Launch will conduct a thorough carry-on bag check prior to leaving for the airport. This will ensure the entire team makes it through security without issue. If your bags are overweight, you will be asked to leave items behind.

# HOW TO PACK YOUR MAIN BAG

**CHECKED BAG REQUIREMENTS** - You are allowed to take ONE (1) 50 pound suitcase with your clothing and personal items on this trip. A suitcase with wheels is highly recommended. We will check your bag's weight prior to leaving for the airport. If your bag weighs more than 50', you will be expected to leave items behind. No exceptions to the 50' rule. Prepare and pack accordingly.

**SQUATTER CAMP DAYS** - When out in the squatter camps, your clothes will become dirty, so please keep that in mind when planning your outfits. Only **closed toed shoes** when out in the squatter camps. Due to cultural sensitivity as well as modesty, girls, as well as guys, are not allowed to wear tank tops or shorts of any kind in the squatter camps. We recommend wearing capris, long skirts, or other long pants (i.e. jeans or khakis) with a t- shirt while out on ministry. Guys are also expected to wear long pants while out on ministry.

**AFRICAN CHURCH** - The guys should wear nice dress pants with a nice shirt (Khakis and a polo type shirt is acceptable), and the ladies should wear a long skirt or long pants and nice top, or a long modest dress

**FUN DAY ACTIVITIES** (African Safari, Lion Park, and dinner out) - "Normal" clothes are fine as long as they are appropriate and modest. You may even want something a little nicer for the big team meal at a nice restaurant.

**AT BASE CAMP** - If it is warm, you may wear tank tops and shorts as long as they are modest in length (*tank tops at least three fingers in width; shorts at least as long as your fingertips when hands are at your sides*).

**PLEASE NOTE:** We also ask that all participants not wear any clothing items that display profanity, alcohol, dark humor, or anything else that may convey a negative message.

**VALUABLES** - Theft is always a possibility when traveling. Please leave anything at home that you can't do without, just in case. Leave valuable jewelry (*wedding rings, expensive watches, necklaces or earrings*) at home.

*As Christians and Missionaries, it is important to maintain a level of excellence and cultural sensitivity in the image we portray throughout the communities. We request that team members always maintain a neat and presentable appearance. In the event that a staff member of Impact Africa notices a team member in violation of the guidelines or an activity that is inappropriate, it will be brought to the leaders' attention or be addressed with the individual.*



## TOILETRIES

- Wash cloth
- Shampoo/Conditioner
- Deodorant
- Toothbrush/Toothpaste
- Razor
- Hand sanitizer/Wipes
- Body wash
- Face wash
- Lotion
- Personal medication & cold/flu medicine  
the following are recommended:  
cold/sinus medicine, pain reliever,  
tissues, anti-diarrhea medicine, allergy  
medicine, throat lozenges
- Chapstick
- Vitamins
- Sunblock
- Do not bring hairdryer or straightener. It  
will catch on fire. We have a team  
hairdryer.
- Travel size detergent (just in case you  
can do a load of laundry)

*Bedding and towels provided*

## OTHER CONSIDERATIONS

For your electronic items, South Africa uses round-pin, three-prong plugs (type M) for their outlets. Cheap adapters can be purchased on Amazon or at Target/Walmart. Please note that the voltage in South Africa is 220/230 volts (as opposed to 120 volts in the U.S.), and adapters DO NOT convert the power voltage; only the plug shape. The voltage difference won't be an issue for small items such as chargers for phones, laptops, or cameras; however it may be an issue for other electronics such as flat irons or hair dryers.



Expect to have limited Wi-Fi connectivity. Mobile phone plans may allow for overseas data. Check with your provider. Please respect your team leader's request for non-connected hours (team meetings, ministry times).



## CLOTHING

- Long or short sleeved tees (dress in layers)
- 1-2 nicer tops for church and/or your free day
- 3-4 pairs of jeans or pants for ministry (no leggings or shorts for ministry)
- Pajamas that others will see you in
- Undergarments and socks for each day (plus 2, just in case)
- Laundry bag or trash bag for dirty clothes
- Baseball cap/sun hat (optional)
- Tennis shoes/trail shoes (MUST be closed-toed shoes)
- "Cute & normal" clothes/shoes for free day activities
- Church Attire: Men: Khakis or nice pants w/ a polo-type shirt; Women: long skirt or pants w/ a nice top, or a dress

## OTHER ITEMS

- Bible
- The Cube
- Notebook
- Pens/Highlighters
- Flashlight & Batteries
- **Water Bottle (VERY important)**
- Ear Plugs (optional)
- Adapter for your electronic items
- **One medium jar of peanut butter**  
(pack in your check bag)
- One squeeze bottle of **jelly** (pack in your checked bag)
- Powered Drink Mix
- Protein bars/Snacks
- Gum/Candy